



* Peter Kvapil, MD * Shail Maheshwari, MD * Apurv Varia, MD * Matthew Clark, MD * Rambabu Chalasani MD * Avais Chatha, MD

Anorectal Manometry & Biofeedback Therapy **Appointments**

- **TWO ENEMAS TWO HOURS PRIOR** – Over the counter, Tap water or Fleet
- **CLEAR LIQUIDS UNTIL AFTER YOUR APPOINTMENT**

Anorectal Manometry - Anorectal manometry is a noninvasive procedure to evaluate the function of the rectal and anal muscles. This group of muscles, called the anorectal sphincter, controls how stool is released from your body.

- Test usually takes about 10 minutes.

Biofeedback Therapy - Biofeedback is an alternative therapy that helps you take control of certain involuntary bodily functions. It teaches people to control bodily processes that are usually involuntary.

- Appointment usually takes about 45 minutes.