



\* Peter Kvapil, MD \* Shail Maheshwari, MD \* Apurv Varia, MD \* Matthew Clark, MD \* Rambabu Chalasani MD \* Avais Chatha, MD

## **EGD/UPPER EUS INSTRUCTIONS**

**Facility:**

**Date:**

**Arrival Time:**

**(Please note you will receive a call to confirm your appointment, the arrival time may be adjusted)**

**SEVEN DAYS PRIOR TO YOUR SCHEDULED PROCEDURE STOP TAKING ALL PREScribed WEIGHT LOSS SUPPLEMENTS**  
(DOES NOT INCLUDE ENSURE, BOOST, ETC) OR YOUR PROCEDURE WILL BE CANCELLED.

- **STOP TAKING 5 DAYS PRIOR TO YOUR PROCEDURE:**

NSAIDS (Motrin, Advil, Ibuprofen), vitamins, multivitamins, iron, fish oil, other oil-based supplements and blood thinners (unless instructed otherwise by your doctor)

**\*\* TYLENOL IS OKAY \*\***

- You cannot have anything to **EAT 8 HOURS PRIOR TO YOUR PROCEDURE.**

This includes gum, mints, tobacco, etc.

- You cannot have anything to **DRINK 4 HOURS PRIOR TO YOUR PROCEDURE.**

- If on blood pressure medication take early in the morning the day of your procedure with a small sip of water only

- If on insulin and take in the morning, then take  $\frac{1}{2}$  the normal dose. Hold oral diabetic meds till after procedure.

- Okay to continue taking baby Aspirin 81mg.

**FOLLOW CARDIOLOGIST INSTRUCTIONS (if needed):**

**YOU MUST HAVE SOMEONE 18 YEARS OR OLDER TO DRIVE YOU AFTER THE PROCEDURE AS YOU WILL BE SEDATED**

**\*\* You must cancel the procedure with at least two business days' notice \*\***

**\*\* A no show/cancellation fee can be charged if not \*\***



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## **PATIENT FINANCIAL RESPONSIBILITY: WHO YOU MAY OWE:**

Expect to receive 3 or 4 bills for your procedure:

Physician Services - Performance of the procedure by the physician.

For Physician Fees - If you have any out-of-pocket expenses for your scheduled procedure, you will receive a call from our office to pay the fees about 3 days prior to your procedure.

Facility Fee - Location of service.

Anesthesia - Sedation for procedure.

Pathology - Biopsy/Remove of Tissue/Polypectomy.

**PLEASE CALL OUR OFFICE WITH ANY QUESTIONS OR CONCERNS  
THAT YOU MIGHT HAVE 936-321-5440.**